



## 1<sup>st</sup>4sport Level 2 Certificate in Snooker Coaching Course Programme

Course Delegates must complete parts 1-3 in order to take part in Part 4, which is the practical aspect of the course.

If you have obtained the Level 1 WPBSA Snooker Coach Award including certified safeguarding & protecting children training, you do not need to complete Part 2 of this course itinerary.

Dates for the below parts are listed on the coaching course calendar. All course timings are UK/GMT time.

It is the delegates responsibility to attend all aspects of the course and have access to ZOOM (with a camera/web cam).

Part 1	Online via ZOOM
6:00pm-9:00pm	<ul style="list-style-type: none"><li>• Course overview.</li><li>• The role of the WPBSA led by Jason Ferguson plays in maintaining the governance and integrity of the sport, together with how's its subsidiary company's and projects have been developed to support the growth of the game.</li><li>• WPBSA.COM</li><li>• The WPBSA/EPSB Coaching programme overview, including the role 1<sup>st</sup>4Sport plays as an awarding body within the level 2 certificate in Snooker Coaching Award.</li><li>• World Snooker Tour (WST).</li><li>• Learners will have received their 1<sup>st</sup>4 Sport learner portfolio and will receive advice and guidance on how to complete it in readiness for their assessment.</li><li>• Mentoring and support throughout the course and thereafter as a WPBSA coach.</li><li>• How we can support each other to achieve WPBSA coaching status throughout the course - WE ARE A TEAM.</li><li>• Continuous Professional Development (CPD).</li></ul>
Task 1	<ul style="list-style-type: none"><li>• The Role and the responsibilities of the Coach in Snooker.</li><li>• Portfolio progress support/review.</li><li>• Post zoom exercise.</li></ul>
Task 3	<ul style="list-style-type: none"><li>• Rules and regulations in snooker.</li><li>• Social Media Guidance.</li><li>• UK Coaching Membership including Insurance for Coach's.</li><li>• Home study exercise.</li></ul>



## Part 2 Online via Zoom

**YOU NEED TO REGISTER WITH UK COACHING BEFORE ATTENDING THE SAFEGUARDING ASPECT OF THIS COURSE:** (Please note, you just need to create an account with UK Coaching and do not need to sign up/pay for a membership)

- [Click here](#) and Register as a member of UK Coaching.
- You will receive an email within 72 hours of the course with the zoom link to join the course.

**Task 2: 6.00pm – 9.00pm (UK/GMT time) with the zoom link open from 5.30pm**  
**Safeguarding and Protecting Children: A Guide for Sportspeople - UK Coaching/NSPCC**

- Certification will be via email on conclusion of all aspects of the course

## Part 3 6:00pm - 9:00pm

- Task 4**
- Nutrition.
  - A balanced diet for a snooker coach/player.
  - Drugs in sport.
  - Mental Health in snooker.
- Task 5**
- Coaching styles and participation development.
  - Communication.
  - How to deliver positive feedback to players.
- Task 6**
- Inclusive Coaching Practice.



#### Part 4

**Northern Snooker Centre**  
92 Kirkstall Road  
Leeds  
LS3 1LT

**OR**

**Crucible Sports and Social Club**  
6 Richfield Ave  
Reading  
RG1 8EQ

#### Day 1 Delivered by Chris Lovell & Andrew Highfield

- 10:00 am**
- Welcome and introductions.
  - Health & Safety and code of conduct for the next two day's course.
- Task 7**
- DBS Documentation Check.
  - Learners will take part in a short exercise to begin to grow their communication/presentation skills within the snooker environment.
  - Safe coaching practice in snooker.
  - Health & Safety at Work Act 1974.
  - How to complete a Risk Assessment and Health & Safety check in a snooker environment.
  - How to use fun enrichment Activities to support the development of setting up a Cue Zone within your club.
- Task 8/9**
- How to plan, deliver and review a series of linked and progressive snooker lessons with your pupils.
  - How to plan a training programme for your pupils who are of a novice and Intermediate standard of play.
  - How to undertake an initial assessment and create training/learning objectives for your pupils.
  - An introduction to the WPBSA blueprint and the WPBSA White to Black training programme and how they are used to coach and improve the performance of your pupils.
  - How to use smart targets to motivate your pupil's progress.
  - How to document a lesson with your pupil.
- Task 10** Practical Demonstration of Snooker Coaching
- Review lesson progression so far and begin to plan for final assessment process.
  - Portfolio progress support/review.
- Day concludes at 7.00pm**



**Day 2** Delivered by Chris Lovell, Andrew Highfield & Nigel Bond (Nigel subject to WST availability, in which case a replacement professional will be sourced)

**9:00am**

**Professional  
Masterclass**

- The session sets out to illustrate how to coach when the traditional blueprint or methods aren't effective for your pupil
- Learners explore a wide range of common faults that players develop and learn how to offer advice and coaching to correct them including any relevant practice routine that may be thought to be beneficial
- The session explores how other styles and alternative techniques not contained within the WPBSA blueprint or the Joe Davis bible have been successful in the modern game.
- Learners split into small groups and to explore how alternative methods have proved successful.
- Learners return to share their thoughts, ideas and responses with our expert delivery team who demonstrate how these differential successful snooker techniques have evolved.
- The exercise teaches learners who become coaches to be better placed to offer impartial information, advice, and guidance to plan and deliver the most appropriate coaching to their pupil via linked and progressive coaching lessons.
- Course review and media pictures.
- Following full attendance on the course and completion of your Safeguarding & Child Protection training, learners will be awarded Level 1 WPBSA Coach Status.
- This enables the coach to go out in the field and work towards completing the learner portfolio and coaching two pupils over a minimum of 4 lessons each, demonstrating that the coach has improved their technique and performance.

**5.00pm Course concludes.**