



1st4sport Level 2 Certificate in Snooker Coaching Course Programme

Please note the Level 1 WPBSA Snooker Coach Award is incorporated within the Level 2 Certificate in Snooker Coaching, if you have achieved the Level 1 Award your start time for the Level 2 qualification on Day 1 is 1:00pm.

Day 1

- 10:00am** - Introduction and welcome including all Health & Safety and course refreshment times etc.
- Task 2** - Duty of care – Learners undertake the UK Coaching Level 1 Certificate in Safeguarding and Child Protection
Learners to provide any documentation required to complete their DBS Certificate.
- 1:00pm-1:30pm** Lunch
- An overview of Snooker in today's world delivered by World Snooker Tour and WPBSA
 - The role of the WPBSA led by Jason Ferguson plays in maintaining the governance and integrity of the sport, together with how's its subsidiary company's and projects have been developed to support the growth of the game.
 - The WPBSA/EPSB Coaching programme overview, including the role 1st4Sport plays as an awarding body within the level 2 certificate in Snooker Coaching Award.
 - Learners to take part in a short exercise to begin to grow their communication/presentation skills within the snooker environment.
 - Learners receive their 1st4 Sport learner portfolio with advice and guidance on how to complete it in readiness for their assessment.
- Task 1** The role and responsibilities of the snooker coach
- What makes a good or bad coach
 - Nutrition, hydration and the impact of drugs in sport
 - The mental demands of snooker
 - The physical demands of snooker including diet and match preparation
 - The code of practice for sports coach's
 - How to set up your own part/full time snooker business
 - Getting media coverage
 - WPBSA coach locator
- 6:00pm** Review the Day- session concludes



Day 2

9:00am

Task 3

- Rules and regulations in snooker
- Rules of snooker
- Social Media – don't let it be you
- UK Coaching Membership including Insurance for Coach's

Task 4

- Nutrition and Personal Hygiene
- A balanced diet for a snooker coach/player
- Drugs in sport
- Mental Health in snooker

Task 5

- Coaching styles and participation development
- Communication
- How to deliver positive feedback to players

Task 6

- Inclusive Coaching Practice

Task 7

- Safe coaching practice in snooker
- Health & Safety at Work Act 1974
- How to complete a Risk Assessment and Health & Safety check in a snooker environment.

Task 8/9

- Plan-Do-Review
- How to plan, deliver and review a series of linked and progressive snooker lessons with your pupils.
- How to plan a training programme for your pupils who are of a novice and Intermediate standard of play.
- How to undertake an initial assessment and create training/learning objectives for your pupils.
- An introduction to the WPBSA blueprint and the WPBSA White to Black training programme and how they are used to coach and improve the performance of your pupils.
- How to use smart targets to motivate your pupil's progress
- How to document a lesson with your pupil.

Task 10

Your assessment – all you need to know to complete the learner portfolio and achieve success in your practical assessment leading to the achievement of the Level 2 certificate in snooker coaching

6:00pm

Review the Day- Session Concludes



Day 3

- 9:00am** Task 7- Safe Coaching Practice in Snooker
Risk Assessment/Health & Safety Check
How to conduct a risk assessment and health & safety check in a snooker club to ensure yourself and your pupils stay safe whilst enjoying a snooker lesson.
- 9:45am Task 1- The Role and the responsibilities of the Coach in Snooker
How to use fun enrichment activities to support the development of setting up a Cue Zone within your club
- 10:15am Task 9- Deliver a Series of Linked and Progressive Snooker Coaching Lessons
How to coach the basics of the game using the WPBSA Blueprint, written by world champion and the game's leading coach Terry Griffiths, Andrew Highfield demonstrates how to coach pupils using the WPBSA blueprint
- Learners split into pairs and practice carrying out an initial assessment, discussing possible objectives whilst completing the Initial Assessment/Training Plan Pad.
Learners conduct a micro lesson on how to deliver the basics to a novice learner whilst completing the lesson review pad
- Feedback and review the activity.
- 1:00pm-1:30pm Lunch
- 1:30pm Introduction to the WPBSA White to Black Snooker Coaching programme and demonstration by Andrew on how it supports the coaching/training of the coach's pupils.
- Learners split into pairs and coach various aspects as part of the lesson identifying learning objectives and record smart targets on the lesson review pad.
- Further general coaching practice including how to trouble shoot basic faults that your pupil may develop.
- Feedback and review the activity
- 5:15pm What a successful and effective and professional coach requires in their toolkit to deliver quality snooker lessons
- 6:00pm** Review the Day- Session Concludes



Day 4

9:00am

1. Steve and Andrew deliver an interactive masterclass with Steve playing the role of the pupil and Andrew the coach using the WPBSA Blueprint to learn the basics of the game.
Whilst receiving coaching from Andrew, Steve describes how he and his father, Bill, developed his technique using the Joe Davis Bible "How I Play Snooker" and invites questions from the group to support their learning.
2. Steve then sets out to illustrate how other styles and alternative techniques not contained within the WPBSA blue print or the Joe Davis bible have been successful in the modern game.
3. Learners split into small groups and discuss set questions written by Steve
4. Learners return to share their thoughts, ideas and responses with Steve and Andrew who demonstrate how these differential successful snooker techniques have evolved

The exercise teaches learners who become coach's to be better placed to offer impartial information, advice and guidance to plan and deliver the most appropriate coaching to their pupil via linked and progressive coaching lessons.

5:00pm

Review the day
Next steps
Ongoing support/mentoring
Course Concludes

Task 10- Practical Demonstration of Snooker Coaching

Following full attendance on the 4-day course you will be awarded Level 1 WPBSA Snooker Coach Status.

This enables you to go out in the field and work towards completing the learner portfolio and coaching two pupils over a minimum of 4 lessons each, demonstrating that you have improved their technique and performance. Once you have completed your portfolio you are able to submit this for assessment which can be done in person or by video – full details will be emailed to you on completion of your 4-day coaching course.

A typical assessment takes around two hours and includes you carrying out a Risk Assessment and Health and Safety check at the location of the lesson, you will then undertake a one-hour lesson with a pupil.

Following the assessment, you will be informed of the outcome.